



SUSTAINABILITY REPORT FOR THE “PARENTS SCHOOL “ PROJECT

The project **PARENTS SCHOOL** addressed adults providing care for ante pre-school children at home (parents, grandparents, relatives and others) as well as the staff members and institutions in this field. 120 people of the partners were involved regarding mobility. However the number of those involved directly/indirectly with the entire project exceeded 3000. Contribution was made to the education of adults who provide care for ante pre-school children at home (especially those from disadvantaged families, who do not have the possibility to turn to specialized institutions or individuals) to help them acquire and improve their skills in this field. The project activities included training courses, workshops, meetings, technical visits and seminars for the staff members who educate the caregivers in institutions such as: medical schools, training centers, hospitals, etc. The exchange of knowledge, experiences and good practices at a European level were and will continue to be a tool for the future sustainability of the activities related to the educational support for the in-home caregivers for children. Furthermore three training events were held; short term staff training events in Poland and Italy and blended mobility of adult learners and basic skills, technical and professional skills, and transversal skills of caregivers were strengthened. On the other hand the staff members of the each partner institutions have organized pilot training courses at local level addressed to an adult target. The training was about the home caregiving of ante pre-school children. The pilot courses were successful as it can be seen reports of these courses. All these courses and training events set an example for future activities and ensured continuity of project's positive impact on caregivers.

The project also developed an innovative training program, applicable at a European level and to promote good practices for informal in-home caregivers of ante pre-school children. Furthermore it also increased the quality of the caregivers' life and to ensure support, training and psychological counseling. The project activities thought the caregivers basic things in providing care for the children whom they supervise, but also how to handle stressful situations.

The Guide of non-formal and informal strategies and methods for improvement of the home careers' skills for ante-preschool children and the Handbook of Good Practices on education/training of informal careers for ante-preschool children were printed and distributed to caregivers and staffs. In this way we promoted the use of two intellectual outputs of the project.

Ankara partner AİLE VE SOSYAL POLİTİKALAR İL MÜDÜRLÜĞÜ :

AİLE VE SOSYAL POLİTİKALAR İL MÜDÜRLÜĞÜ published the link of guide and handbook in our website to download by staffs and caregivers. So that they can make use of innovative methods and strategies on education of the home careers for ante-preschool

children we replied their questions face to face and told some topic in handbook and guide. All articles/documents under these outputs have been elaborated in English and the local languages of the partners for the Access on national and international level.

Also, this partner planned a course for 50 home careers on 31/12/2018 where the trainers will use the guide and the handbook in the training. This partner will continue promoting the use of the guide and the handbook of good practices in related working areas and trainings in this way the sustainability of the project's products will be ensured.

The MUNICIPALITY of Alzira partner :

The MUNICIPALITY of Alzira is the owner of 3 kindergartens in Alzira: La Muntanyeta, Llepolies and Infants. These three welcome children between 9 months and 2 years old. We included them in the project and their daily work contributed to the sustainability of the project. Indeed, the kindergartens' employees are in direct contact with the parents and they had been organizing info days, seminars and conference with the parents. The Intellectual Outputs produced during the project have been used during these same types of activities after the end of the project.

The kindergartens put into motion the project "A gatas al teatro" as a complementary activity of the educational programme Nursery School of the city of Alzira. This project is checking the benefit that can bring artistic activities in the education of children and aims to use the theatre as a way of expression and of emotional development for the child. Several activities are put in place in the frame of this project:

- Theatrical workshops initiating to dramatic expression and complemented by workshop over the emotional expression inside the familial circle.
- Workshop for mothers, fathers and educators using the methodologies, resources and tools to create theatrical situations in children.
- Knowing theatrical characters through didactic animations.
- Knowing the stage area.
- Visiting a theatre: guide visit of a real theatre.

These activities involved children between 1 and 3 years old, their parents and teachers. Therefore, in order to reach the objectives of this project the Intellectual Output 1 and 2 delivered by the project PARENTS SCHOOL are used to go further and to use the theatre as an educational tool and as a sensorial stimulation. The methodologies developed in the PARENTS SCHOOL guide are helping parents and teachers during the different workshops, helping them when problems are encountered. It is also helping in order to make sure that they're following the right path.

Inside IDEA (Local Development Agency) itself, we used the Handbook of Good Practices and the Guide for pre-school, produced during the project, into courses given inside IDEA. The students and teachers from four courses were targeted by the dissemination of these two Intellectual Outputs:

- In 2017, Alzira Municipality has two courses that involved social and health care. One was a course directed to home caregivers for persons in residence that involved 15 students and the other was a course directed to home caregivers for persons at home that involved 10 students.
- In 2018, Alzira Municipality has the second round of these two courses with new students. The course to home caregivers for persons in residence that involved 15 new students, ended in June 2018, and the course to home caregivers for persons at home, have started in September 2018, they involved 10 new students .

Alzira Municipality shared 52 exemplars from the Intellectual Outputs 1 and 2 with the teachers (Elena Patiño Yuste and Francés Ortiz) and the students of these courses. In the frame of those courses, the students had training about CPR reanimation and the use of DEA. During those courses, the guide was used as complementary information. This is one example of the use of the guide during the activities hold in IDEA after the end of the project.

In total, **Alzira Municipality** shared more than 100 exemplars from the intellectual outputs O1 and O2 with trainers, students and teachers of IDEA and of the Municipal Kindergartens and included these materials in the trainings already provided to home caregivers as complementary activities and we developed new activities for home caregivers for ante preschool children. Alzira Municipality also shared information about PARENTS SCHOOL in the frame of the activities developed by kindergartens with teachers, kids and parents. The teachers use the information developed in the handbook and the guide on a daily basis.

Synte SA partner :

Synte SA provided promotional and dissemination activities during the whole period of project implementation. Promotion among Synte'a Partners and Synte's target group: trainers, previous trainees, vocational institutions, kindergartens. We sent brochure in Polish to our target groups. Brochure was followed by project promotion in social media. **Synte SA** also organised promotional meetings at universities in Lublin (two meetings in Lublin) and Poznań (24/02/2016; 02/03/2016, 14/06/2016). Around 50 people were attending. We also published an article in polish portal OLX (01/09/2016, it had 121 views) . **Synte SA** also promoting and disseminate project and its result during internal meeting with Synte'a staff each month, also additional meeting were organise after training in Poland, presenting stress scale, summary before and after 2 trainings in Vasto. On 29 August 2017 **Synte SA** organize multiplier event in Lublin. During this event they presented project's result:

- GUIDE with non-formal and informal strategies and methods to improve skills of home carers for ante-preschool children
- HANDBOOK of good practices in home care for ante-preschool children
- Results of stress scale

During this event and during other dissemination events **Synte SA** shared about 100 exemplars of Guide and Handbook.

EU-RO-IN Association partner :

EU-RO-IN Association assured the sustainability of the project through organizing different training courses after the end of the project in local and regional area, as following:

- a training course for parents who care antepreschool children in period 19-23.03.2018 to Kindergarten number 24 Iasi
- a training course for parents who care antepreschool children in the period 19-23 .02.2018 to Kindergarten nr.1 from the School number 22 “Bogdan Petricescu Hasdeu” Iasi
- a training course for parents and adults who care caregivers for antepreschool children in the period 04-09.03.2018 to Scoala Gimnaziala Rusi ,judetul Iasi
- a training course for parents/adults who care antepreschool children in the period 17-26.02.2018 to Liceul Tehnologic “Petru Rares” from Targu Frumos, Judetul Iasi
- a training course for parents/adults who care antepreschool children in the period 5-10.03.2018 to National College “G.Ibraileanu” Iasi
- a training course for parents/adults who care antepreschool children in the period 25.03.2018 to 30.03.2018 at Theological Orthodox Seminary “ Vasile cel Mare” Iasi
- a training course for teachers who care antepreschool children in the period 03. 02.2018 to 12.02.2018 at Liceul Tehnologic “Petru Rares” from Targu Frumos, Judetul Iasi

EU-RO-IN planned a multiplier event in 9.06.2017 (an international symposium with 45 participants) and a final conference in 10 August 2017 .In those events EU-RO-IN presented the results and project activities and also shared intellectual outputs O1 and O2.

Also the O1 and O2 were distributed in schools and kindergartens as: Kindergarten number 24 Iasi , Theological Orthodox Seminary “ Vasile cel Mare” Iasi, Kindergarten number 25 Iasi, National College “G.Ibraileanu” Iasi, “Heaven Kids Centre” from Iasi ,Richard Wurbrand College from Iasi, “Vasile Alecsandri “High School Iasi ,so on. In total, **EU-RO-IN** shared 300 exemplars from the intellectual outputs O1 and O2 with trainers, students and teachers(148 exemplars till 31.08.2017 and 152 exemplars after 31.08.2017)

Ahi Evran University partner :

Ahi Evran University is a Higher Education Institution with 8 Faculties, 3 Institutes, 5 Schools and 7 Vocational Schools has a big community of students and academic – administrative staff. The University has Pre-School Education Department and also a Child Development Department. There are many academic staff and students in these departments who contributed both to the Intellectual Outputs, dissemination and sustainability of the Project. Seminars and Information meetings conducted by Ahi Evran University during the Project and publishings about the Project on University’s web page and on local newspapers aroused interest of the community to the Project. Then with the help of a Local training course conducted between 25-30 september 2017 12 learners were trained. Also, with the



help of seminars at Kırşehir Child Support Centre** ("Sevgi Evleri" in Turkish) many informal caregivers were reached. They still have contact with the academicians of Child Development, Pre-school Education, Psychology and sociology who also participated in the C2 training in Vasto Italy.

The handbook and guide which are the Intellectual Outputs of the project were translated into Turkish and 150 exemplaries were distributed to the target groups (students of child development, informal caregivers, kindergarten teachers) and related institutions (Provincial Directorate of Family and Social Policies, Public Education Centre, Provincial Directorate of National Education, Ahi Evran University Child development and Preschool Education Departments.) The handbook and the guide is also available at the Library of Ahi Evran University and Library of Kırşehir City for the easy accession of public.

With the help of a Dissemination seminar which was organised on 30.08.2017 for professionals and facilitators working with pre-school children and for informal caregivers of ante preschool children the project and its outputs could be shared. These persons reached, making use of the output materials of the project will contribute to the sustainability of the project.

Moreover, the project manager, and all 5 trainers who participated in the C1 training were both staff of Ahi Evran University. Hence they were and will keep on disseminating the project and the outputs of the project both to the students and staff of the institution, to the public and to the people they reached at international level (on the international symposiums and transnational project meetings) .

Polaris Sarl partner:

Polaris works within Lifelong Learning Program and Erasmus+ Programme as sending organization, hosting and intermediary organization and organizes traineeships, vocational work placements and apprenticeships for students, graduates and NEETs within projects of transnational mobilities; Polaris works to foster the transition from education to labour market and the development of human and social capital. Polaris also develops training courses, teaching assignments and job-shadowing for educational staff, such as educators, teachers, caring for children, trainers, guidance counselors, mentors, tutors of education. Polaris works closely with the public schools, cultural organizations, NGOs and other stakeholders of education and economic reality of the area by providing training services and language certification, consulting services for researching European and regional funds for training, services for the realization of educational events and europlanning; Polaris has business and professional relationships with schools, vocational training centres and companies working in agriculture and food, automotive industry, construction, tourism and hospitality, care services and wellness. In the last years Polaris developed many projects of transnational mobility and strategic partnerships so it is an experienced organization active in the field of entrepreneurship education, social business, vocational education and training, school and adult education.

For assure the sustainability of the project ,Polaris sarls published the link of guide and handbook in the website to be downloaded by staffs and caregivers. So that they can make



use of innovative methods and strategies on education of the home careers for ante-preschool children we replied their questions face to face and told some topic in handbook and guide. All articles/documents under these outputs have been elaborated in English and the local languages of the partners for the Access on national and international level. Also, this partner planned a final seminar in 28 August 2017 and some training course for home careers during 2018 where the trainers used the guide and the handbook in the training. This partner will continue promoting the use of the guide and the handbook of good practices in related working areas and trainings in this way the sustainability of the project's products and of the project will be ensured.

Polaris assured the administration and continuation of website of the project to address : <http://www.parentschool.eu/> also after the end of the project and more that 100 exemplars O1 and O2 were distributed for the local target groups .

In conclusion the PARENTS SCHOOL project was a successful project which inspired and determined all partner institutions to develop new activities in service of caregivers for ante preschool children also after the end of the project (such training courses, seminaries ,symposia, the share of intellectual outputs,so on) and to multiply their benefices for local, regional, national and also international communities.

Data:20.10.2018

Author of the report:EU-RO-IN Association,Iasi,Romania